

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	<ul style="list-style-type: none"> <li>- Spaghetti Carbonara</li> <li>- Potato and onion omelette</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Courgette cream soup</li> <li>- Baked fish</li> <li>- Ice cream</li> </ul>	<ul style="list-style-type: none"> <li>- Lentil salad</li> <li>- Roast chicken</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Rice and tomato sauce</li> <li>- Cod sticks</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Boiled beans, potatoes and carrots</li> <li>- Beef hamburgers</li> <li>- Yogurt</li> </ul>
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 2</b>	<ul style="list-style-type: none"> <li>- Lettuce and olive salad</li> <li>- Rice casserole</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Chickpea salad</li> <li>- Baked fish</li> <li>- Fruit salad</li> </ul>	<ul style="list-style-type: none"> <li>- Potatoes with tomato, boiled eggs, tuna and olives salad</li> <li>- Grilled pork loin</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Ravioli with tomato sauce</li> <li>- Squid rings</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Carrot cream soup with croutons</li> <li>- Chicken sausages with mushrooms</li> <li>- Yogurt</li> </ul>
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 3</b>	<ul style="list-style-type: none"> <li>- Pasta salad</li> <li>- Courgette omelette</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Grilled potato, onion and tomato</li> <li>- Grilled fish</li> <li>- Fruit salad</li> </ul>	<ul style="list-style-type: none"> <li>- Noodle casserole</li> <li>- Cordon bleu</li> <li>- Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>- Vegetable cream soup</li> <li>- Pizza</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Rice salad (peas, corn, carrot and ham)</li> <li>- Grilled turkey</li> <li>- Ice cream</li> </ul>
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 4</b>	<ul style="list-style-type: none"> <li>- Beans and potatoes</li> <li>- French omelette</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Spaghetti Bolognese</li> <li>- Chicken skewers</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Courgette cream soup</li> <li>- Crumbed beef steak</li> <li>- Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>- Rice salad</li> <li>- Baked fish</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Fresh bean salad</li> <li>- Meatballs with tomato sauce</li> <li>- Fruit</li> </ul>
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 5</b>	<ul style="list-style-type: none"> <li>- Rice and tomato sauce</li> <li>- Grilled turkey</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Chard and potatoes with grilled cheese</li> <li>- Pork skewers</li> <li>- Fruit salad</li> </ul>	<ul style="list-style-type: none"> <li>- Pasta salad</li> <li>- Deviled eggs</li> <li>- Ice cream</li> </ul>	<ul style="list-style-type: none"> <li>- Chickpeas and boiled potatoes</li> <li>- Baked fish with tomato and spices</li> <li>- Fruit</li> </ul>	<ul style="list-style-type: none"> <li>- Vegetable cream soup</li> <li>- Chicken nuggets</li> <li>- Yogurt</li> </ul>

**Complements:** different optional accompaniments will be offered depending on the menu (salads, carrots and corn, tomato, mushrooms, chips, tuna, mayonnaise ...)

**Types of fish:** hake, haddock, squid, shrimp, mussels, cod fritters ...)